



Progetto co-finanziato
dall'Unione Europea

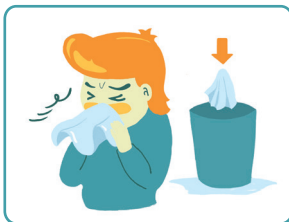


FONDO ASILO, MIGRAZIONE E INTEGRAZIONE (FAMI) 2014-2020

Obiettivo Specifico "1. Asilo" - Obiettivo nazionale "1. Accoglienza/Asilo" Potenziamento dei servizi d'accoglienza e assistenza specifica per MSNA

A SIMPLE WAY TO PROTECT YOURSELF AND THE OTHERS

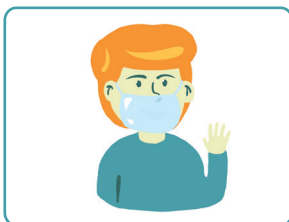
Cover your nose and mouth



1) Cover your nose and mouth with a tissue when you cough or sneeze, then put your used tissue in the waste basket

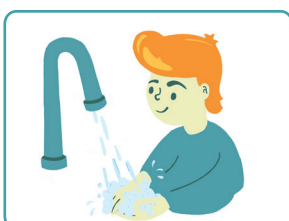


2) If you don't have a tissue, cough or sneeze on your arm, not on your hands



3) You may be asked to put on a facemask to protect the others

Clean your hands



4) Wash your hands often with water and soap for at least 40 seconds



5) If soap and water are not available, use an alcohol-based hand rub